

**Minutes from the NC STATE C COACHES MEETING**  
**Board of Director 2009-2011**

NC State Director	Renee' H Moody	Twist and Tuck- Lincolnton, NC
Secretary	Heather Carr	Ultimate Air- Greensboro, NC
USAG Education Committee	Scott Lineberry	Ultimate Air-Greensboro, NC
Coaches Education	John Casey	Tumblegym-Carolina Beach, NC
Coaches Tech. Director	Rick Moody	Twist and Tuck- Lincolnton, NC
Judging Director	Chuck Kern	Ultimate Air-Greensboro, NC

The following information was discussed and approved by the coaches of NC on Saturday Nov. 22, 2008.

- The 2009 NC State Championships will be held at The Gym Co. or Flipforce, TBA.
- The coaches approved to send the following judges to Alabama for the re-certification courses. Those approved were Julie Pirtle -Tumbling, Lukas Young- Trampoline and Virginia Helms or Stephanie Carr - double mini. This will help with judges for the Flipfest meet in Knoxville and the Twist and Tuck Peppermint meet. Airfare, hotel and \$25 meal fee was approved.
- A reminder that all judges must dress appropriately when judging and the superiors need to be sure they are educating their panel so that NC continues to provide the best judges possible. (no flip-flops and no sitting)
- Patti Conner from the National Staff will be in Greensboro Jan. 23 and 24 to offer re-certification courses for all judges and new courses for anyone wanting to judge the new year. Please remember we like diversity on the judges panels, so please talk with your parents about taking a course if you have no judges at your gym. Contact Chuck Kern for more details.
- Meet cost for NC will stay the same, except for a \$10 increase to the state fee to help cover the equipment cost.
  - With admission 50,55,60
  - w/o admission 55,60,65
  - state fee 60,65,70 (additional \$10)
- A reminder that the Regional Clinic will be in Huntsville Al. the weekend of Dec 12-14
- To be on the floor at the Nationals 2009 you will need the USAG Level 1 coaching course, PDP Course and the First Aid course. For detail information contact Scott Lineberry with questions.

- Rick Moody and Rob (The Gym Co.) have agreed to take the next coaches Level 1 Instructors course when it is offered again. They will then replace John Casey in conducting the course.
  - Meet Discussion:
    - Twist and Tuck will need to level their runway for tumbling vs. a run up ramp and also add a bigger trampoline spring cover for the euro trampoline
    - Ultimate Air needs to make sure the mats around the double mini are all connected
    - It was approved for Rick Moody to have Velcro added to the state landing mats for the new 2009 season
- We have lost several gyms this season due to different situations, so if you get an opportunity or hear of a gym that may be interested in the Trampoline and Tumbling Program please let a board member no immediately. We would like to increase our gym numbers within the state.
- Congratulations to Ultimate Air, Scott Lineberry, for sending 4 athletes to Russia for competition and a tour. What an opportunity for these young Athletes. We wish you guys the Best of Luck....

Congratulations to six of Twist and Tuck's athletes making it to State Jumpstart. If your gym is interested in Jumpstart and has questions, please contact myself.

I would like to personally wish all gyms and athletes the best of luck on the new season ahead. Should you have any state issues, please address them to me and I will get back with you in a timely matter. My home number is 704-732-4711, gym 704-732-0926 or email. Starting Dec. 20th my email is [twistandtuck@charter.net](mailto:twistandtuck@charter.net) and I will no longer be on aol. Once again Go North Carolina 2009.....

Tumbling on,  
Renee' H Moody  
NC State Director 2009  
Twist and Tuck - Lincolnton NC